

Shrek Socks

by Kirsten Kruse



SIZE

37 (US 7)

MATERIALS

Regia 4-fadig, Color 622, 100g, or any color you fancy. Solid is better than self-stripping for this pattern.

(5) 2mm (Size 0 US) DPN's, 1 extra cable needle if desired

Some knitters prefer Size 1 or 000. Use what suits you based on your experience and preference. These socks use 64 sts – 16 on each DPN. You may vary their size by using different needle sizes. To make these socks larger, you can add 4 sts and work an additional K2P2 repeat. To make them smaller, subtract 4 sts and work one repeat less.

DIFFICULTY

Intermediate. You need to know how to knit in the round using 5 DPN's, increase, decrease and cable.

GAUGE

30 sts = 10cm/4" per Regia label (Not 100% crucial, but you should be close. My gauge is 7sts = 1")

PATTERN NOTES

St st	Stockinette stitch	Working in the round, knit all stitches. Working back in forth, knit on RS (right side), purl on WS (wrong side).
C3F	Cable 3 Front	Slip 3 sts on cable needle and hold in front of work. Knit 3 sts. Knit 3 sts from cable needle. Or cable without cable needle. For right sock.
C3B	Cable 3 Back	Slip 3 sts on cable needle and hold in back of work. Knit 3 sts. Knit 3 sts from cable needle. Or cable without cable needle. For left sock.

The Shrek Socks were inspired by Allison's pattern at: <http://brainylady.blogspot.com/sockpattern.htm>, but they are customized to my own personal sock recipe. They use Stretchy Cast-On (per Twisted Sisters Sock Workbook by Lynn Vogel, p. 67), a wedge toe and heel as taught by Regia at http://www.coats.de/PDF/reg_sockenlehrgang.pdf. The Regia pdf is in German, but it has very helpful photographs.

These socks have a 6 sts cable running on the outside of each leg from cuff to toe. The cuff and instep are worked in K2P2 rib, the sole is worked in st st.

DIRECTIONS

Right Foot Sock

Cast On 128 sts by your favorite method onto 1st DPN. Pick up 2nd DPN and *K2tog twice, P2tog twice* 4 times. Pick up 3rd DPN and K2tog 6 times, then P2tog twice, then *K2tog twice, P2tog* 2 times. Pick up 4th DPN and *K2tog twice, P2tog twice* 4 times. Pick up 5th DPN and *K2tog twice, P2tog twice* 4 times. Join, being careful not to twist sts. You should have 16 sts on each DPN. Work sts as they appear in K2P2 rib and 6 sts in st st for 8 rounds.

Cable: In row 9 and in every following 8th round, work a C3F over the 6 st sts. Work 68 rows. You may work more or less repeats depending on your preference in cuff length. I suggest starting the heel flap in row 4 of one of your cable repeats, for symmetry and simplicity at the heel.

Heel flap: The tail of your yarn will be at the back of your right leg. The heel flap is worked in st st with 32 sts over the two DPN's just before and after the tail. Work in pattern until you reach the first DPN, then work back and forth over these 2 DPN's. After a few rows, you may want to combine them on one DPN. Work 30 rows in st st, the 1st row being a RS row. Optionally, you may work the first and last 3 sts of these 32 sts in garter st.

Turning the heel:

Mentally divide the 32 sts into 11sts, 10 sts, 11sts.

Knit 20 sts, then K2tog sts 21 and 22. Turn.

*Sl1, Purl 8 sts, then P2tog sts 10 and 11. Turn.

Sl1, Knit 8 sts, then K2tog sts 10 and 11. Turn.*

Repeat from * to * until you have 10 sts left. Purl back if necessary to start again on a RS row.

You have just completed the heel cap. Congratulations! Do the Happy Dance! You are now an Accomplished Knitter.

Gusset:

Knit 10 sts of heel flap, then pick up 15 sts along side of heel, then work in patt across instep sts. Pick up 15 sts on other side of heel. Knit 5 sts of heel cap. Re-arrange your sts so that you have 16 sts on each DPN across instep, and 20 sts on other 2 DPN's. You will have a total of 72 sts. Rounds begin at center of heel cap at the bottom of your foot. Continue working in K2P2 rib across instep, and st st over sole and gusset. Work 2 rows.

Gusset decrease row: *Knit all sts of 1st DPN until 3 sts left, then K2tog, K1. Work next 2 DPN's in patt. On 4th DPN, K1, SSK, knit to end. Work 2 rows straight in patt.* Repeat from * to * until you have 16 sts left on each DPN (64 sts total). Alternatively, you can work an additional decrease row, depending on your preference (62sts total).

At the same time, continue working your cable by C3F every 8th row.

Work straight in patt until the foot of your sock covers your pinky toe. ☺

Wedge Toe:

Initial decrease row: *Work 1st DPN until 3 sts left, then K2tog, K1. On 2nd DPN, K1, SSK, knit to end. On 3rd DPN, knit until 3 sts left, then K2tog, K1. On 4th DPN, K1, SSK, knit to end.*

Repeat decrease row in every 3rd row 2 times, then every 2nd row 3 times, then every row until you have 8 (or 10, if you worked additional gusset decrease row) sts left.

Finish:

Cut off your yarn, thread it onto a large-eyed needle and thread through all sts twice. Push needle to inside, pull tight, and weave in end. Weave in tail from cast on, closing gap in first row.

Left Foot Sock

Left foot sock is worked as a mirror image of right foot sock. This means instead of C3F, work C3B. Instead of working a K2P2 rib, you will work at P2K2 rib, which is accomplished by starting with P2 instead of K2.

Cast On 128 sts by your favorite method onto 1st DPN. Pick up 2nd DPN and *P2tog twice, K2tog twice* 4 times. Pick up 3rd DPN and *P2tog twice, K2tog twice* 4 times. Pick up 4th DPN and *P2tog twice K2tog twice* 2 times, then P2tog 2 twice, then K2tog 6 times. Pick up 5th DPN and *P2tog twice, K2tog twice* 4 times. Join, being careful not to twist sts, and work sts as they appear in P2K2 rib and 6 sts in st st for 8 rows.

Cable: In row 9 and in every 8th row, work a C3B over the 6 st sts. Work 68 rows, or the same number of rows you worked for your right sock.

Work heel flap, turn heel, work gusset and toe, and finish same as for right foot sock.

Wear and enjoy!

If you have questions, feel free to email: stella@gratefulcad.com

If you find mistakes in the pattern, please tell me and I'll correct.

Disclaimer & Confession: I knit wrong. Actually, I *purl* wrong, but my work comes out right. My wrong purl causes my stitches to sit on my needles twisted. For this reason, I think, I need to do SSK's when patterns indicate K2tog, same for the reverse. I always think of decreases in terms of left-leaning and right-leaning and decide which looks best at the time. If my K2tog's and SSK's above don't look right in your knitting, do the opposite!

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